

Arizona Department of Health Services
Division of Behavioral Health Services

BEHAVIORAL HEALTH 2006: HONORING OUR PAST, SHAPING OUR FUTURE

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Sedona, Arizona



2006: A YEAR OF GROWTH & CHANGE

- ▲ *Fiscal 2006, a Year of Growth*
 - ▲ *Increases in Funding*
 - ▲ *Implementing Federal Initiatives*
 - ▲ *Enhancements in Program & Service Delivery*
 - ▲ *State Hospital Accomplishments*
 - ▲ *Key Infrastructure Changes within ADHS/DBHS*
- ▲ *Fiscal 2007, a Year of Commitment to Clients*
 - ▲ *Focus on who we serve*
 - ▲ *Visioning a future*
 - ▲ *Recovery as a goal*
 - ▲ *A time for teams, families and jointly formulated individualized plans*

“If you can dream it you can do it.” **Walt Disney**



INCREASED FUNDING TO BEHAVIORAL HEALTH SYSTEM

- ▲ *Since FY 2004, total behavioral health funding has grown by 30.7%*
 - ▲ *FY 2004: \$780M*
 - ▲ *FY 2005: \$916M*
 - ▲ *FY 2006: \$980M*
 - ▲ *FY 2007: \$1.02B (estimated)*



NAVIGATING FEDERAL INITIATIVES

- ▶ *Successfully implemented Medicare Modernization Act (Part D)*
 - ▶ *Federal law guiding prescription drug benefits for “dual eligibles”*
- ▶ *Co-implementing with AHCCCS the Deficit Reduction Act*
 - ▶ *Documentation of citizenship requirements*
 - ▶ *AHCCCS has historically been rigorous in ensuring citizenship for TXIX benefits*

“It is essential that one should take the far reaching & great, and leave off the shortsighted and petty.” **Huitang**



ENHANCING PROGRAMS & SERVICES

- *Addressing Methamphetamine*
- *Young Adult Substance Abuse Grant*
- *Jason K Plan*
- *Strengthening Partnerships with Tribes*
- *Expanding Peer/Family Support Services*
- *Supporting Patients Leaving the Arizona State Hospital*
- *Suicide Prevention Grant*
- *Katrina Response*
- *Building ACT Capacity in Maricopa County*

“... this dignity, this goodness that is in man.” **Alan Houser**



ARIZONA STATE HOSPITAL: A YEAR OF PROGRESS

▲ *Embracing Recovery Principles*

- ▲ *Partnering with Consumer run organizations for training of staff and patients at Arizona State Hospital.*
- ▲ *Utilizing Hospital Patients trained in Recovery Principles to train other patients in the development of Wellness Recovery Action Plans (WRAP)*

"To grasp and hold a vision, that is the very essence of successful leadership." **Ronal Reagan**



KEY CHANGES WITHIN THE DIVISION OF BEHAVIORAL HEALTH

- ▶ *Creating internal structure to support & promote clinical excellence, choice, hope and recovery.*
 - ▶ *Improved Quality Management*
 - ▶ *Creation of Clinical & Recovery Services*
 - ▶ *Arizona State Hospital*
 - ▶ *New Partnerships for Strategic Focus*
 - ▶ *Compliance Division*

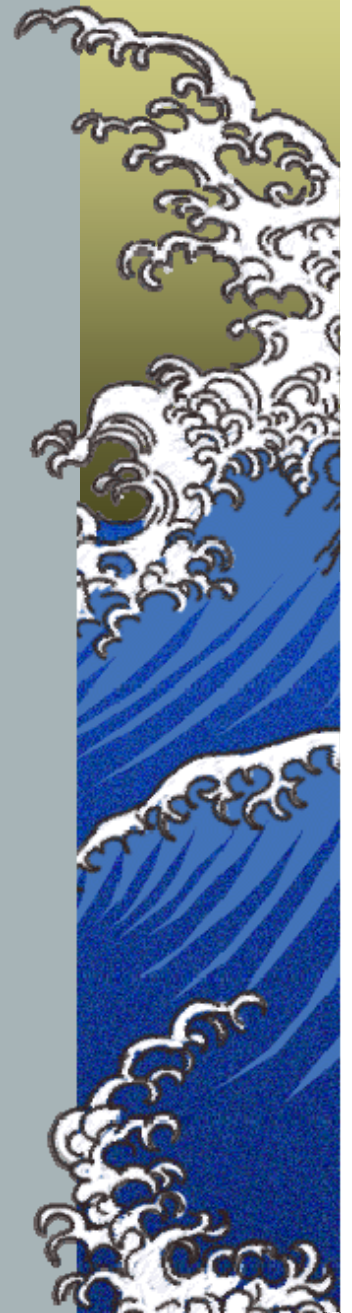


NEW DBHS PARTNERSHIPS FOR STRATEGIC FOCUS

▲ ***DBHS Best Practice Advisory Committee***

- ▲ *Transfer knowledge “from science to service” using evidenced-based practices*
- ▲ *Oversee targeted practices selected for statewide implementation:*
- ▲ *Develop new Master Clinician Program*
- ▲ *Recognize excellence in behavioral health care community*

“Without the vision of a goal, a man cannot manage his own life, much less the lives of others.” **Temujin**



STIGMA REDUCTION COMMITTEE

- *RFP for an organization to support and staff a multi-stakeholder stigma reduction initiative*
- *Comprehensive training on stigma*
- *Education, advocacy, media plans to reduce stigma within behavioral health and in the greater community*

“He who knows others is learned, He who knows himself is wise.” Lao Tse



ADVOCACY RFP

- ▶ *RFP for services to transform the behavioral health system*
 - ▶ *Consumer/family participation in Mystery Shopper, QM, Policy Committees*
 - ▶ *Peer/Family Support & Information Centers*
 - ▶ *Latino Family Involvement Center*
 - ▶ *Consumer/Family Travel Fund*
 - ▶ *Substance Abuse Peer Support Training*
 - ▶ *Depression Screening Events*

"There is no such thing as a favorable wind for one who has no idea where he is going." **Seneca**



Fiscal Year 2007

- ★ *Recovery*
- ★ *Individuals and Families*
- ★ *Quality and Outcomes*



Challenges Ahead

- ▶ *Workforce*
- ▶ *Federal Mandates*
- ▶ *Funding*
- ▶ *Transformation and Federal Funding Alignment*



CONCLUSION

There is a tide in the affairs of men,
Which, taken at the flood, leads on to fortune:
Omitted, all the voyage of their life
Is bound in the shallows of miseries ...
And we must take the current when it serves,
Or lose our ventures.

William Shakespeare



For More Information....

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